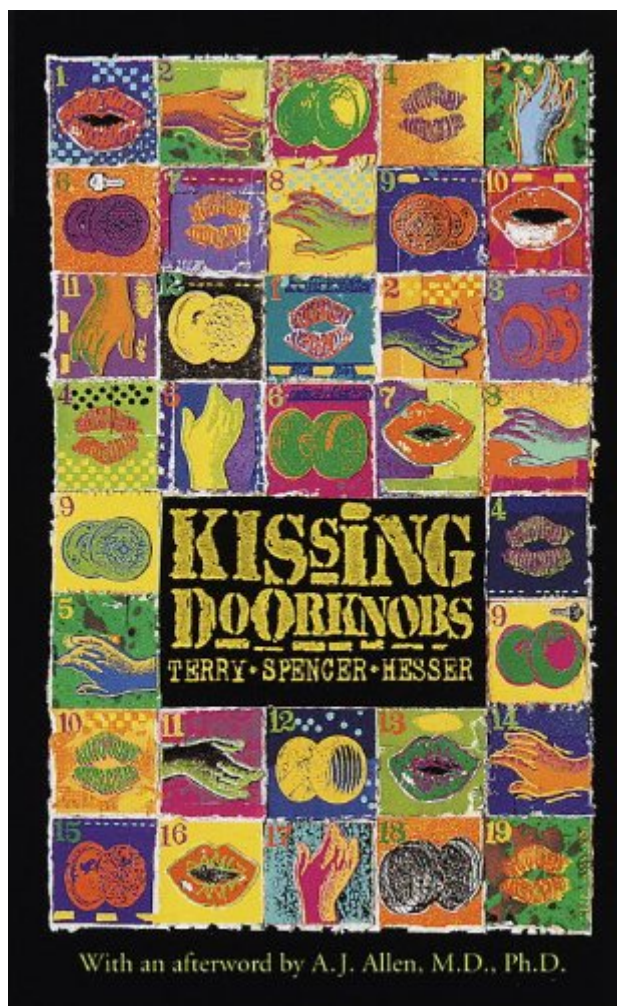


The book was found

Kissing Doorknobs



Synopsis

During her preschool years, Tara Sullivan lived in terror that something bad would happen to her mother while they were apart. In grade school, she panicked during the practice fire drills. Practice for what?, Tara asked. For the upcoming disaster that was bound to happen? Then, at the age of 11, it happened. Tara heard the phrase that changed her life: Step on a crack, break your mother's back. Before Tara knew it, she was counting every crack in the sidewalk. Over time, Tara's "quirks" grew and developed: arranging her meals on plates, nonstop prayer rituals, until she developed a new ritual wherein she kissed her fingers and touched doorknobs....From the Paperback edition.

Book Information

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Depression & Mental Illness > Mental Illness

Customer Reviews

I didn't really understand OCD, but I thought I did. I found the book to be disturbing and asked my granddaughter how much she identified with the subject of the book. Her answer was 90%! This book has helped me to understand, to provide support, and to eliminate impatience. I'm extremely

glad that she asked me to read this. This should be mandatory reading for anyone with a friend or relative fighting OCD, which is probably all of us even if we aren't aware of who these individuals might be. Thank you from the bottom of my heart for your authorship.

I read this book in middle school and had great memories about it. I'm really happy to revisit this story and think that it is a great introduction to young people about OCD.

Kissing Doorknobs is an amazing book about a young girl's struggles against OCD. Tara Sullivan has been fighting against what was then known as 'quirks' since she was a little girl, but they have grown and grown until her family and friends were sick of them and her. They didn't understand that she HAD to do it, and they did everything in their power to stop them, except listen. Kissing Doorknobs is one to make you cry in sadness, anger and frustration. It is also one to make you laugh and smile in happiness. Read this book, and it will change your perspective of people. Read this book, and you will have gained knowledge that will last a lifetime.

When I started reading this I had no idea I would like it. I hastily read cuz I had to for school but I ended up glued to it and reading it in one evening. Tera starts out going thru hard time with no one understanding not even her parents until she meets someone who is almost cured of the same thing she has then has to help him when his problem comes back. The only thing I don't like was that I wish it could have been longer and continued instead of ending.

I would recommend this book to anyone with OCD and the family and friends that're affected by this disorder. I myself suffer from the scrupulostic form of OCD and this book gives an accurate yet entertaining look into the life and struggles of people with OCD. It also provides resources to allow sufferers of this disorder to get help in the back of the book.

A wonderful book that gives much needed insight to the world of OCD. It's not cloying, it simply gives the trials of dealing with OCD everyday.

I've lived with smaller versions of this as have others I know but to see it put so succinctly is so helpful even if only to show you are not alone.

I am 11 years old and had to read a book that included a health issue for class. This was so good. I

had to do research after for a book analysis. The information on the internet clearly aligned with what Tara in the book was dealing with. You really care about these characters. Kissing Doorknobs was vivid, heart-breaking, and empowering.

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